



WHAT TO BRING

- Something to sleep on, a roll mat, cardboard, pillows
- Sleeping bag, warm blankets
- Camp/deck chair
- Warm clothing- layering is key
- Hat, scarf & gloves
- Thermals
- Lighting - torch
- Mobile phones – ensure they are fully charged
- Bottle water
- Prescribed medication (only bring what you need for the sleepout) as you are personally responsible for them.
- Snacks
- Pack of cards, book, travel games.
- One/Two Man tent in adverse weather

WHAT IS A SLEEPOUT?

By giving up your bed for one night, you're taking on a challenge that pushes you out of your comfort zone, raising vital funds and helping to ensure no person has to face homelessness alone. Sleep Out isn't about replicating homelessness; it's about taking meaningful action to help support those in our community that struggle.

LOGISTICS

- Friday 9th of October
- 7pm - 7am
- Holmebrook Valley Park, Newbold. Chesterfield S41 8XP



WHAT IS PROVIDED?

A Unique Experience

Portable Toilets and Handwash Facility

Stewards and First Aider on duty all evening

Hourly packed activities/entertainment - if you want to be in our open mic hour please bring your instrument. (Acoustic only).

Under cover shelter large gazebos etc. (in bad weather)



RAISING AWARENESS AND FUNDS

Raise awareness of the challenges faced by people experiencing homelessness.

Help fund essential services, including shelter, food, and practical support. Every donation makes a real difference to those who need it most.

Ask friends, family, colleagues, and local businesses to sponsor you.

Sponsorship can bring in vital extra funds that help the charity reach more people.

Together, we can provide hope, support, and opportunities for a brighter future.

Your support goes beyond fundraising—it helps create lasting change.

SIGNING UP!

Over 18's event

Families and under 18's can sleep out at home or at a venue of your own choice.

RULES OF THE SLEEP OUT

- Respect your fellow sleepers
- Keep noise to a minimum
- Respect residents
- No alcohol or drugs unless prescribed
- No BBQ's or Fires
- No Pets



EVENT SIGN UP

**FOR JUST £10 YOU CAN ENROL ONTO THE EVENT -
SCAN OUR QR CODE**

**HURRY WE ONLY HAVE 150 CAPACITY SO FIRST
COME FIRST SERVED!**

